

19th Annual

GRASSHOPPER 5K RUN /WALK



Race Date: September 19, 2020

Race Time: 4:30 pm

Location: Lakota High School

NW Ohio Premier Cross Country Course. It's Flat, fast and finishes on a all weather track

Official Race Website: www.Grasshopper5k.com

Find us on Facebook at: Grasshopper 5k Run/Walk

In conjunction with the 50th Annual Myron Cline Invitational

Race is for ALL ages.

Proceeds benefit the Lakota Cross Country Memorial Scholarships (Dan Biddle, Tracy Tahy, Bryan Windom)

We will adhere to the OHSAA and Governor's guidelines all participants MUST wear face coverings pre/post run/walk.

More information at: www.baumspage.com/cc/lakota/2020/

REGISTER BY: September 15, 2020

ENTRY FEE:

\$15.00 Registration (shirts not included this year)

- * We encourage you to Mail in your race entry or register Online to maintain social distancing
- * Race Day registration and Bib pick up begins at 3:30 pm near the starting line, DO NOT come sooner
- * Refunds will NOT be given and will be put towards the scholarship

AWARDS:

Top 3 Overall Female and Male will receive an award

- * Please arrive NO sooner than 1 hour prior to the race
- * NO spectators at the Start or Finish lines
- * Bring your own water
- * NO post race snacks, drinks, door prizes or awards ceremony

MAIL ENTRY FORM & FEE TO:

Brad Biddle
640 County Road 32
Helena, OH 43435

MAKE CHECKS PAYABLE TO:

Lakota Athletic Boosters
Memo: Cross Country Scholarship

EMAIL:

Grasshopperhill5k@gmail.com
Subject: Grasshopper 5K Entry

Name: _____

Phone: _____

M/F

Date of Birth

Age on Race

Address _____

Address _____

Lakota Alumni: YES NO

Waiver: In consideration of your acceptance of this entry, I hereby for heirs, my executors, administrators, and myself waive and release all right for claims and damages against the Race Directors, and all related parties for any and all injury resulting from participating in the above event. I am not currently infected by COVID-19 and have not or knowing been in contact with someone with COVID-19 symptoms the past 14 days of the event date. I am in proper physical condition to participate in this event.

Signature: _____

Email Address: _____